

dōTERRA®  
AUSTRALIA & NEW ZEALAND



PRODUCT GUIDE



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# dōTERRA®

In 2008, the founders of dōTERRA set out on a mission to make pure, potent, high quality essential oils that would be easy to use and even easier to share with the world. Since then, thousands of individuals, families and communities have experienced the life-changing power of essential oils by incorporating the use of dōTERRA products into their everyday lives.

With the goal of changing families, communities, and the world one drop of oil at a time, dōTERRA has put great effort into carefully planning each step of the essential oil production process. From the planting of seeds to the delivery of essential oils at your doorstep, dōTERRA ensures that every measure is taken to bring you responsibly sourced, thoroughly tested, high quality essential oil products.





# Responsible Sourcing

With a global botanical network that includes growers from over 40 countries, dōTERRA begins the quest for quality essential oils by ensuring that only the best seeds, optimal soil, equipment and growing conditions are used in the oil production process. By partnering with growers who have a deep understanding of native plants, local climate, weather patterns, what seeds and soil to use, the best time to plant, dōTERRA produces high quality essential oils.

Cutting corners at any point of the growing, harvesting or distilling process may result in lower quality essential oils, which is why dōTERRA relies on the knowledge and expertise of native farmers. Not only does the careful selection of plant sources allow dōTERRA to produce pure and precious essential oils, it also provides jobs for rural farmers who might otherwise experience unfair wages or poor working conditions. When growers partner with dōTERRA they receive fair pay that allows them to support their business and provide for their family with a sustainable income.

## Cō-Impact Sourcing®

With over 100 essential oils on the market, dōTERRA sources its oils from 40 countries. Of those countries, 23 are developing countries that do not enjoy many of the basic amenities that we so often take for granted. In many cases in developed countries, dōTERRA's need for essential oils is helping to elevate communities out of poverty and desperate need. This initiative is called Cō-Impact Sourcing®.

Cō-Impact Sourcing® is so much more than just getting essential oils. It is about developing long-term, mutually beneficial partnerships. Through Cō-Impact Sourcing®, dōTERRA helps to provide the resources and education needed to improve the economy—and even sometimes create an economy—in these communities. Jobs are created as the need for an essential oil is met. Farming and distilling equipment as well as training are provided. Additionally, farmers and distillers enter into agreements that assure them of fair and timely pay that they can rely on.

This commitment to not only source high quality essential oils but to also improve the lives of the communities results in a great deal of trust. As dōTERRA has grown, that trust has resulted in many essential oil cooperatives entering into exclusive agreements with dōTERRA. Word has spread, and many more farmers and distillers are beginning to reach out to dōTERRA to enter into their own agreements.

Throughout it all, dōTERRA's commitment has remained the same—changing lives throughout the world with the precious gift of essential oils.



# Essential Oil Usage

Essential oils can be enjoyed in many ways. Each essential oil has different properties and it is important to check the recommended application (aromatic, topical, food flavouring) for each oil.

## Aromatic

1-2 drops of essential oil can be added to a diffuser. Diffusion is one of the simplest methods for enjoying essential oils. Diffusers that use cold air or water are ideal.

## Topical

Check that the essential oil is suitable for topical use. Start with the lowest possible dose (1-2 drops because every individual is unique. The dose will vary for each individual based on size, age and individual characteristics).

Many essential oils are recommended to be diluted to reduce the likelihood of developing skin sensitivities, especially for those with sensitive skin. It is advisable to use a carrier oil (such as Fractionated Coconut Oil) to dilute more potent oils and when trying an essential oil for the first time. The recommended dilution ratio is typically one drop of essential oil to three drops of carrier oil. Please refer to Product Information Page (PIP) for each essential oil on the dōTERRA Australia and New Zealand websites.

## Food Flavouring

Some essential oils are suitable to be added to food and drinks in small amounts (1-2 drops) depending on taste preferences. Remember essential oils are highly concentrated and a small amount goes a long way. Some essential oils suitable as food flavourings include Lime, Peppermint, Basil, Fennel, Ginger, Cardamom and Coriander.

# Essential Oil Safety

## Recommendations

Please seek your health care professional's advice to meet your specific needs and for any concerns regarding safe essential oil usage for you and your family.

## Warnings

- Avoid contact with eyes, inside of nose and ears.
- When applying topically, dilute with Fractionated Coconut Oil for sensitive skin. dōTERRA Touch® oils are diluted for your convenience.
- Citrus Essential Oils (including Lemon, Wild Orange, Bergamot, Lime, Tangerine, Grapefruit, Neroli and Petitgrain) increase the sensitivity to UV light. When applying citrus essential oils suitable for topical application (ie. Neroli, Petitgrain) avoid sunlight exposure for 12 hours after applying.
- Please follow the correct usage guidelines for each oil and refer to the Product Information Page (PIP) for each oil.
- To avoid any misuse, please store essential oils safely and out of reach of children.



## Petal Diffuser

The Petal Diffuser is a small, convenient and night-friendly diffuser designed to deliver aromas to your home. It has a relaxing sounding mist and soft white ambient light, making it ideal for nighttime diffusion, and can cover up to 30 square meters. The petal diffuser has three timed settings; 1, 2 and 4 hours allowing you to customise the release of essential oils into the air.

SKU 33150004 • Retail AU \$77.00 | NZ \$86.00  
Wholesale AU \$58.00 | NZ \$65.00 • PV 20

## Lumo Diffuser

Transform any room into a serene or uplifting environment by diffusing our essential oils with a custom-designed, ultrasonic diffuser. The Lumo diffuser features a maple wood base and several light settings, so you can find the one that works for you. Offering customisable output, Lumo can run 2 to 5 hours continuously, or 10 hours intermittently and can cover up to 50 square metres.

SKU 60204002 • Retail AU \$138.00 | NZ \$146.00  
Wholesale AU \$104.00 | NZ \$110.00 • PV 45



# Core Essential Oils

dōTERRA offers a wide range of wellness products based on essential oils that are designed to be used by families and in homes on a daily basis to help support their wellness goals. dōTERRA is helping to promote wellness and create a natural, plant based, low toxic environment for individuals and families to live their healthy, vibrant lives.

We have identified our core essential oils and made them available to you in our Home Essential and Family Essential Kits to help take the guess work out of which essential oils are easy to use and the ones you want on hand to incorporate into your daily routine.





## Peppermint 15mL

For when you need a pick-me-up, Peppermint essential oil is invigorating to the senses and promotes an uplifting feeling.

Also available in beadlets to provide a minty breath freshener, as well as a convenient 10mL Touch combining Peppermint essential oil with Fractionated Coconut Oil for topical application.

SKU 30190004 • Retail AU \$35.00 | NZ \$37.00  
Wholesale AU \$26.50 | NZ \$28.00 • PV 23



## Lemon 15mL

One of dōTERRA's most popular essential oils with its crisp uplifting scent, it can be used as a cleaner throughout the house. It provides an uplifting and refreshing aroma boost.

SKU 30120004 • Retail AU \$18.00 | NZ \$21.00  
Wholesale AU \$13.50 | NZ \$16.00 • PV 12.5



## Lavender 15mL

Known for its calming and relaxing aroma, Lavender is a must-have essential oil to keep on hand at all times.

Also available in a convenient 10mL Touch combining Lavender essential oil with Fractionated Coconut Oil for topical application.

SKU 30110004 • Retail AU \$37.33 | NZ \$44.00  
Wholesale AU \$28.00 | NZ \$33.00 • PV 25.5



## DigestZen® 15mL

Essential Oil Blend

This essential oil blend combines the flavours of Anise, Peppermint, Ginger, Caraway, Coriander, Tarragon and Fennel essential oils for a unique and flavoursome blend.

Also available in a convenient 10mL Touch combining DigestZen® essential oil Blend with Fractionated Coconut Oil for topical application.

SKU 31030004 • Retail AU \$57.00 | NZ \$65.00

Wholesale AU \$43.00 | NZ \$49.00 • PV 37.5

## Easy Air® 15mL

Clear Blend

A remarkable blend of essential oils including Laurel Leaf, Eucalyptus, Peppermint, Tea Tree, Lemon, Cardamom and Ravensara.

Also available in a convenient 10mL Touch combining Easy Air® Clear Blend with Fractionated Coconut Oil for topical application.

SKU 60200210 • Retail AU \$36.00 | NZ \$43.00

Wholesale AU \$27.00 | NZ \$32.00 • PV 24.5

## Frankincense 15mL

One of the most precious essential oils and often sought after for its soothing skin and beauty properties.

Also available in a convenient 10mL Touch combining Frankincense essential oil with Fractionated Coconut Oil for topical application.

SKU 30070004 • Retail AU \$120.00 | NZ \$132.00

Wholesale AU \$90.00 | NZ \$99.00 • PV 77.5

## Ice Blue® 5mL

Athletic Blend

This essential oil blend is ideal for the active user! Combining Wintergreen, Camphor, Peppermint, Ylang Ylang, Helichrysum, Blue Tansy, Blue Chamomile and Osmanthus essential oils to provide a cooling sensation and an invigorating aroma.

Also available as a 10mL Roll On for easy application as well as a 10mL Touch combining Ice Blue® Athletic Blend with Fractionated Coconut Oil for topical application.

SKU 31050004 • Retail AU \$56.67 | NZ \$62.00

Wholesale AU \$42.50 | NZ \$46.50 • PV 38.5

## dōTERRA On Guard® 15mL

Protective Blend

One of our most popular blends combining Wild Orange, Clove, Cinnamon, Eucalyptus and Rosemary essential oils for a rich, spicy and warming aroma.

Also available in beadlets that dissolve quickly to invigorate your senses as well as a convenient 10mL Touch combining On Guard® Protective Blend with Fractionated Coconut Oil for topical application.

SKU 60206735 • Retail AU \$54.33 | NZ \$61.00

Wholesale AU \$40.75 | NZ \$45.75 • PV 37

## Oregano 15mL

A popular cooking spice, Oregano essential oil can be added to flavour food in small quantities. Its aroma provides a sharp, herbaceous, green scent and often enhances and balances the aroma of essential oil blends.

Also available in a convenient 10mL Touch combining Oregano essential oil with Fractionated Coconut Oil for topical use.

SKU 30180004 • Retail AU \$42.33 | NZ \$51.00

Wholesale AU \$31.75 | NZ \$38.00 • PV 29

## Tea Tree 15mL

Traditionally used by the Aboriginal and Torres Strait Islander Peoples for centuries. Tea Tree essential oil provides a refreshing scent to any room and is known for its cleansing properties. It is great to use around the house.

Also available in a convenient 10mL Touch combining Tea Tree essential oil with Fractionated Coconut Oil for topical use.

SKU 30150004 • Retail AU \$32.67 | NZ \$40.00

Wholesale AU \$24.50 | NZ \$30.00 • PV 22.5







# Citrus Essential Oils

With their zesty, tangy scents providing invigorating energised aromas, citrus essential oils are among the favourites in any essential oil collection. All dōTERRA citrus essential oils come from the rind of the fruit and are produced using cold expression, also known as cold pressing.



## Bergamot 15mL

Unique among citrus essential oils for its uplifting and calming aroma, Bergamot essential oil has citrus, spicy and floral notes. It is also clarifying and cleansing for the skin.

SKU 30790004 • Retail AU \$54.66 | NZ \$57.00

Wholesale AU \$41.00 | NZ \$43.00 • PV 29

## Grapefruit 15mL

Notable for its energising, invigorating and uplifting aroma, Grapefruit essential oil is ideal to be used in diffuser blends. Try adding (1-2 drops) in recipes that call for a citrus flavour.

SKU 30100004 • Retail AU \$27.00 | NZ \$33.00

Wholesale AU \$20.25 | NZ \$25.00 • PV 18.5

## Green Mandarin 15mL

Create a bright and energised environment when you diffuse the sweet, refreshing aroma of Green Mandarin essential oil. Use as a food flavour for a citrus boost in food or drinks.

SKU 60208003 • Retail AU \$54.67 | NZ \$58.67

Wholesale AU \$41.00 | NZ \$44.00 • PV 31

## Lemongrass 15mL

In addition to its unique flavour, Lemongrass essential oil has a clean, fresh, bright aroma and is great to promote an overall sense of emotional and spiritual wellbeing.

SKU 30130004 • Retail AU \$17.33 | NZ \$21.00

Wholesale AU \$13.00 | NZ \$16.00 • PV 12

## Lime 15mL

Cold pressed from the peel, Lime essential oil is refreshing and energising in both aroma and taste. Frequently used in diffuser blends for its uplifting scent.

SKU 30870004 • Retail AU \$22.67 | NZ \$28.00

Wholesale AU \$17.00 | NZ \$21.00 • PV 15.5

## Litsea 15mL

Diffuse Litsea essential oil for a refreshing and uplifting aroma. Similar in scent and properties to Melissa with its clean, fresh, sweet aroma it is used in aromatherapy and meditation to promote balance and inspiration.

SKU 60202033 • Retail AU \$47.00 | NZ \$53.00

Wholesale AU \$35.00 | NZ \$40.00 • PV 24

## Petitgrain 15mL

Widely used in the perfume industry, Petitgrain essential oil has a fresh, floral and herbaceous aroma. By sourcing Petitgrain essential oil from Paraguay through our Cō-Impact Sourcing® initiative, dōTERRA is able to support needed rural community development projects and provide diversified income for small-scale farmers. This approach provides an economically viable alternative to clear-cutting land, helping to protect the remaining patches of the Atlantic Rainforest in eastern Paraguay.

SKU 60200687 • Retail AU \$55.00 | NZ \$55.00

Wholesale AU \$41.50 | NZ \$41.00 • PV 29

## Tangerine 15mL

With its uplifting, citrus, tangy aroma, Tangerine essential oil is a refreshing citrus twist in diffuser blends. A popular and flavourful addition to desserts and drinks.

SKU 60202718 • Retail AU \$29.00 | NZ \$32.00

Wholesale AU \$22.00 | NZ \$24.00 • PV 17

## Wild Orange 15mL

Cold pressed from the peel this is one of our top selling essential oils due to its energising and uplifting aroma. Ideal for a citrus boost of flavour.

SKU 30170004 • Retail AU \$18.67 | NZ \$23.00

Wholesale AU \$14.00 | NZ \$17.00 • PV 12.5

# Herbaceous Essential Oils

Walking and trailing your hands across hedges and shrubs, inhaling deeply as you pass just mown grass, pinching leaves between your fingertips and enjoying the sweet, fresh, green aroma that can only be described as herbaceous. Explore dōTERRA's herbaceous essential oils.

## Basil 15mL

With a warm spicy and herbal aroma, it is known for feelings of calm and centeredness. Basil essential oil is used in small amounts in cooking for its distinct and rich herbal flavour.

SKU 30010004 • Retail AU \$42.01 | NZ \$43.00  
Wholesale AU \$31.50 | NZ \$32.00 • PV 22



## Cilantro 15mL

Adding a flavourful twist to foods, Cilantro essential oil has been used for centuries. In addition, it adds a fresh, herbal aroma to any essential oil blend when diffused.

SKU 41850004 • Retail AU \$41.67 | NZ \$49.00  
Wholesale AU \$31.25 | NZ \$36.50 • PV 28.5





## Coriander 15mL

Coriander essential oil's sweet, herbaceous aroma make it a good essential oil for diffuser blends. It can also be added to flavour Asian inspired dishes.

SKU 30780004 • Retail AU \$51.34 | NZ \$55.00  
Wholesale AU \$38.50 | NZ \$41.00 • PV 27

## Fennel 15mL

Best known for its distinct liquorice-honey aroma and flavour, the use of Fennel dates back to ancient times when Roman soldiers consumed it to make them battle ready. Fennel essential oil provides a sweet, fragrant, soothing aroma.

SKU 41290004 • Retail AU \$28.68 | NZ \$32.00  
Wholesale AU \$21.50 | NZ \$24.00 • PV 15



## Marjoram 15mL

Marjoram was known to the Greeks and Romans as a symbol of happiness and valued for its positive and calming aroma. Marjoram essential oil is used in culinary dishes to impart a unique flavour to soups, stews, dressings and sauces.

SKU 30140004 • Retail AU \$54.00 | NZ \$40.00  
Wholesale AU \$40.50 | NZ \$30.00 • PV 26.5

## Melissa 5mL

Also called lemon balm, Melissa essential oil is a sweet, fresh, citrus-like smelling herb which is also known for attracting bees. Melissa essential oil's aroma is positive and uplifting and ideal to support emotional and spiritual wellbeing.

SKU 30850004 • Retail AU \$310.00 | NZ \$283.00  
Wholesale AU \$233.00 | NZ \$213.00 • PV 168



## Roman Chamomile 5mL

With its floral, sweet, herbaceous scent, it can help promote a soothing environment. Roman Chamomile essential oil provides a calming aroma and is soothing to the skin.

SKU 60201194 • Retail AU \$93.00 | NZ \$94.00  
Wholesale AU \$70.00 | NZ \$71.00 • PV 49

## Rosemary 15mL

With a scent that is uplifting and rejuvenating to the senses, smelling herbaceous and camphoraceous. Rosemary essential oil is often used to flavour foods.

SKU 30200004 • Retail AU \$28.68 | NZ \$29.00  
Wholesale AU \$21.50 | NZ \$22.00 • PV 15



## Spearmint 15mL

Sweet, refreshing and minty, Spearmint aroma promotes a fresh and invigorating atmosphere. Spearmint essential oil is very different from peppermint making it a milder option.

SKU 31610004 • Retail AU \$63.00 | NZ \$61.00  
Wholesale AU \$47.00 | NZ \$46.00 • PV 32.5



## Thyme 15mL

Thyme is a potent essential oil with a warm, herbaceous, floral and powdery aroma, for diffusion. Thyme essential oil can be added in small amounts to flavour foods.

SKU 30220004 • Retail AU \$63.33 | NZ \$57.00  
Wholesale AU \$47.50 | NZ \$43.00 • PV 31



## Yarrow | Pom 30mL

Expertly crafted and designed to be your 'go-to' blend for your daily routine. Herbaceous, fruity and spicy this aromatic powerhouse may help revitalise the appearance of skin, when applied topically.

SKU 60207985 • Retail AU \$186.67 | NZ \$200.00  
Wholesale AU \$140.00 | NZ \$150.00 • PV AU 106 | NZ 104





# Floral Essential Oils

Whatever the weather, our floral essential oils will leave you feeling like you have walked through a spring garden or entered a florist. Breathe deeply and enjoy the soft powdery scents, the bold, powerful fragrances. From subtle and delicate, to vibrant alluring aromas our floral essential oils are memorable.

## Blue Tansy 5mL

Fruity, mellow and balsamic, Blue Tansy essential oil offers a sweet scent to fill any room creating an uplifting environment. It is also recognised for its skin soothing benefits.

SKU 60203997 • Retail AU \$186.00 | NZ \$200.00  
Wholesale AU \$140.00 | NZ \$150.00 • PV 106

## Helichrysum 5mL

Best known for its ability to revitalise the appearance of skin, Helichrysum essential oil can help promote a glowing, youthful looking complexion. It has a herbaceous, honey scent.

SKU 30410004 • Retail AU \$166.00 | NZ \$158.00  
Wholesale AU \$125.00 | NZ \$119.00 • PV 95

## Clary Sage 15mL

A relaxing, soothing and balancing essential oil, Clary Sage essential oil is known for its calming properties and benefits to the skin. The aroma is woody, herbal and floral.

SKU 30420004 • Retail AU \$78.00 | NZ \$77.00  
Wholesale AU \$59.00 | NZ \$58.00 • PV 41

## dōTERRA Touch® Jasmine 10mL

Jasmine Touch combines Fractionated Coconut oil and Jasmine absolute which can be applied to pulse points for a pleasing and uplifting aroma to help raise the soul for a positive outlook. Only available only in a 10mL roll on format. The aroma is intensely floral, warm, musky and exotic.

SKU 60203008 • Retail AU \$82.00 | NZ \$88.00  
Wholesale AU \$62.00 | NZ \$66.00 • PV 47

## Geranium 15mL

Dating back to ancient Egypt, Geranium was used to beautify the appearance of skin and is now highly valued in the perfume industry. Geranium essential oil is ideal to be incorporated into skin and hair care products. Its aroma helps promote a feeling of calm and balance.

SKU 30090004 • Retail AU \$50.00 | NZ \$57.00  
Wholesale AU \$37.50 | NZ \$43.00 • PV 34

## dōTERRA Touch® Magnolia 10mL

Fruity, floral and balsamic our Magnolia Touch is expertly combined with Fractionated Coconut Oil and is moisturising and soothing to the skin. As a personal fragrance it provides a comforting aroma.

SKU 60208001 • Retail AU \$54.67 | NZ \$58.67  
Wholesale AU \$41.00 | NZ \$44.00 • PV 31

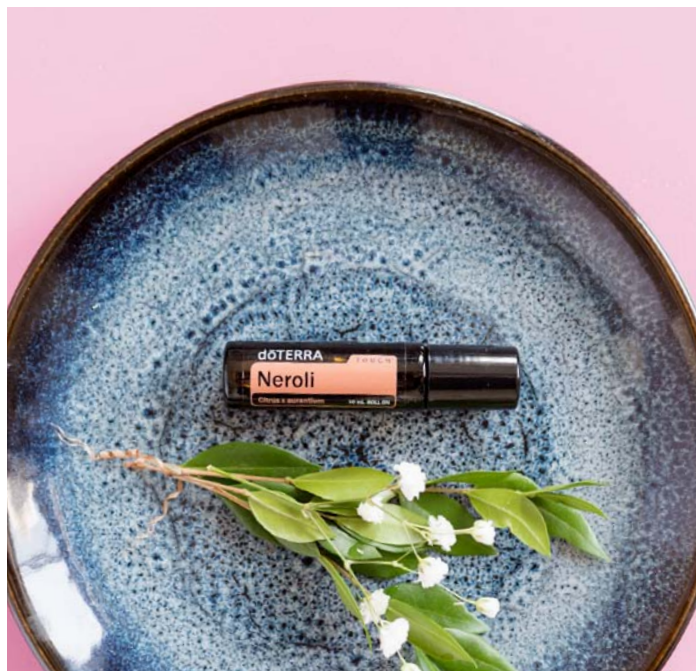




## dōTERRA Touch® Neroli 10mL

Derived from the flowers of the bitter orange tree this essential oil is sweet, floral, citrusy and fresh. Diluted in Fractionated Coconut Oil, Neroli Touch's calming uplifting aroma, may help promote spiritual and emotional wellbeing.

SKU 60202963 • Retail AU \$92.00 | NZ \$98.00  
Wholesale AU \$69.00 | NZ \$74.00 • PV 52



## Patchouli 15mL

Part of the mint family, the rich, woody, musky fragrance of Patchouli essential oil helps promote a grounding, balancing effect on emotions. When applied to the skin, it promotes a smooth, glowing looking complexion.

SKU 30890004 • Retail AU \$61.34 | NZ \$63.00  
Wholesale AU \$46.00 | NZ \$47.00 • PV 33



## dōTERRA Touch® Rose 10mL

Rose essential oil is combined with Fractionated Coconut Oil in a convenient and easy to use roll-on. The aroma is floral, sweet and emotionally uplifting and Rose Touch can be used to promote the appearance of an even skin tone and healthy complexion.

SKU 60203009 • Retail AU \$146.00 | NZ \$157  
Wholesale AU \$110.00 | NZ \$118.00 • PV 83







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## Ylang Ylang 15mL

Sweet, rich and spicy, the luxurious scent of Ylang Ylang provides an uplifting aroma while promoting a sense of calmness. Refresh your skin with an aromatherapy steam facial using Ylang Ylang.

Growing, picking and distilling Ylang Ylang is a long, intensive process which requires a great collective effort among harvesters. Ylang Ylang growers and harvesters have often struggled to receive fair treatment, especially when dealing with middlemen and brokers. Without a guaranteed buyer, distillers are forced to sell their essential oil to the highest bidder, which has resulted in volatile prices and unstable markets.

Through dōTERRA's Cō-Impact Sourcing® partnerships with distillers and harvesters in Nosy Be, Madagascar, Ylang Ylang producers receive proper compensation for their efforts. With dōTERRA as a guaranteed buyer, growers are less likely to lose out on income due to price speculation and bidding. This provides them with more resources to help expand their production capacity with new distillation machinery, or to add more growers to their cooperative, which allows for better organisation and higher production volumes.

SKU 30240004 • Retail AU \$76.00 | NZ \$74.00 • Wholesale AU \$57.00 | NZ \$56.00 • PV 39.5



# Spice Essential Oils

Rich, sweet and warming. These sensual notes which are often woody, even a little exotic, evoking nostalgic memories of family gatherings and homely spiced aromas. Just a drop can add a hint of complexity to your diffuser blend.

## Black Pepper 5mL

Hot, sharp, fruity and spicy, Black Pepper essential oil adds complexity and enhances the flavour of foods. Only a small amount has a big impact.

SKU 41040004 • Retail AU \$35.33 | NZ \$47.00  
Wholesale AU \$26.50 | NZ \$35.00 • PV 24

## Clove 15mL

Spicy, warm and woody Clove essential oil's aroma is stimulating and can be used diluted for a warming massage.

NOT TO BE TAKEN

SKU 30040004 • Retail AU \$24.33 | NZ \$29.00  
Wholesale AU \$18.25 | NZ \$22.00 • PV 16.5

## Cassia 15mL

With its warm, uplifting flavour Cassia essential oil used in small quantities can transform any dish. Mentioned in the Old Testament, it is noted for its unmistakable fragrance.

SKU 30020004 • Retail AU \$38.67 | NZ \$40.00  
Wholesale AU \$29.00 | NZ \$30.00 • PV 20.5

## Ginger 15mL

Provides a fragrant and soothing aroma when diffused. Ginger essential oil has a hot and spicy flavour that can be added in small amounts to Asian dishes or sweet gingerbreads.

SKU 31630004 • Retail AU \$89.33 | NZ \$82.00  
Wholesale AU \$67.00 | NZ \$62.00 • PV 43.5

## Cinnamon Bark 5mL

Looking for that get up and go feeling? Cinnamon Bark's essential oil aroma is warming and stimulating, ideal for those Winter months. Its aroma is spicy, woody with a sweet and sharp note.

SKU 30030004 • Retail AU \$41.33 | NZ \$44.00  
Wholesale AU \$31.00 | NZ \$33.00 • PV 28





## Juniper Berry 5mL

Acting as a natural skin toner, Juniper Berry essential oil can help reduce the appearance of skin blemishes and is a cleansing and clarifying agent for the skin. Its woody, spicy, fresh scent can be calming and grounding.

SKU 49290004 • Retail AU \$40.00 | NZ \$40.00  
Wholesale AU \$30.00 | NZ \$30.00 • PV 21.5



## Pink Pepper 5mL

Sourced in Kenya and the Andes through our Cō-Impact Sourcing® Program, Pink Pepper essential oil is spicy, fruity and slightly woody adding complexity to your favourite diffuser blends.

SKU 60208002 • Retail AU \$44.00 | NZ \$46.67  
Wholesale AU \$33.00 | NZ \$35.00 • PV AU 25 | NZ 24



## Turmeric 15mL

Promoting uplifting feelings, Turmeric essential oil has a rejuvenating scent. It can be used to provide a unique flavour to foods.

SKU 60208033 • Retail AU \$54.67 | NZ \$58.67  
Wholesale AU \$41.00 | NZ \$44.00 • PV 31





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## Cardamom 5mL

Cardamom essential oil provides a unique flavour to foods. Known for its cool, minty aroma and closely related to Ginger, its uplifting and comforting aroma is distinct. This essential oil is part of our Cō-Impact Sourcing® Program.

The dōTERRA Cō-Impact Sourcing® Initiative in Guatemala provides cardamom growers with economic stability, higher returns for their production, improved livelihoods and training to ensure optimal quality and oil yield from their cardamom plants.

By partnering with dōTERRA in a Cō-Impact Sourcing® program small farmers are able to earn predictable, stable income for their families as well as participate in the collective benefits provided by the cooperatives, including resources and technical assistance for improved methods of growing their cardamom plants. It also enables members to obtain better pricing on agricultural inputs and better access to collectively owned drying facilities. Additionally, dōTERRA contributes a portion of the purchase of every kilogram of cardamom directly to the harvesting communities to build schools, hospitals and other community benefitting projects for improved livelihoods.

SKU 49350004 • Retail AU \$54.00 | NZ \$55.00 • Wholesale AU \$40.50 | NZ \$41.00 • PV 28.5



# Woody Essential Oils

Like a stroll in the woods, whether it be in the heat of Summer or the cooler climate at high altitude, breathing the air can give you a grounded, balanced feeling. Smokey and resinous with a fresh and calming aromas. If you like these fragrances, you will be drawn to our Woody collection of essential oils.

## Arborvitae 5mL

Known as “the tree of life” and used extensively by Native Americans for various applications, including applying to the skin. It has a woody, warm and earthy scent.

SKU 49360004 • Retail AU \$45.33 | NZ \$47.00  
Wholesale AU \$34.00 | NZ \$35.00 • PV 24



## Cedarwood 15mL

Native to cold climates, Cedarwood essential oil is known for its nutty, woody scent evoking a feeling of spiritual and emotional wellbeing. It can be applied topically and is known for its clarifying properties when applied.

SKU 49300004 • Retail AU \$30.00 | NZ \$28.00  
Wholesale AU \$22.50 | NZ \$21.00 • PV 14.5





## Copaiba 15mL

Soothing and calming to the emotions, with its spicy, woody fragrance, Copaiba can also be diluted and applied to the skin to promote the appearance of a clear, smooth complexion.

SKU 60202960 • Retail AU \$69.00 | NZ \$73.00  
Wholesale AU \$52.00 | NZ \$55.00 • PV 39.5

## Cypress 15mL

For an energising and refreshing aroma, Cypress blends well with citrus essential oils to help enliven the senses. Cypress essential oil contains monoterpenes, making it beneficial for oily skin conditions.

SKU 30050004 • Retail AU \$26.67 | NZ \$33.00  
Wholesale AU \$20.00 | NZ \$25.00 • PV 18



## Eucalyptus 15mL

Ideal to diffuse for that distinct, fresh and clean scent to promote a sense of calmness and balance. Eucalyptus essential oil also has cleansing properties that can be beneficial for the skin and surfaces.

SKU 30060004 • Retail AU \$24.00 | NZ \$29.00  
Wholesale AU \$18.00 | NZ \$22.00 • PV 16.5



## Mānuka 5mL

Sourced in New Zealand, Mānuka has a rich, spicy, sweet and herbaceous aroma. Mānuka essential oil can be diffused to promote a relaxing environment.

Also available in a convenient 10mL Touch combining Frankincense essential oil with Fractionated Coconut Oil for topical application.

5mL

SKU 60201876 • Retail AU \$97.00 | NZ \$104.00

Wholesale AU \$73.00 | NZ \$78.00 • PV 51

10mL Touch

SKU 60204448 • Retail AU \$126.00 | NZ \$134.00

Wholesale AU \$95.00 | NZ \$101.00 • PV 72



## Myrrh 15mL

In ancient times Myrrh was valued for its weight in gold and has been used for its cleansing properties. With a woody, smokey herbaceous aroma, Myrrh essential oil can be soothing to the skin when applied topically.

SKU 30160004 • Retail AU \$123.32 | NZ \$109.00

Wholesale AU \$92.50 | NZ \$82.00 • PV 60

## Sandalwood 5mL & Hawaiian Sandalwood 5mL

Sandalwood essential oil and Hawaiian Sandalwood essential oil (from a renewable source in Hawaii) promote healthy looking, smoother feeling skin. With its rich, sweet, woody aroma it can instill feelings of calmness and emotional wellbeing.

Sandalwood

SKU 30210004 • Retail AU \$146.66 | NZ \$130.00

Wholesale AU \$110.00 | NZ \$98.00 • PV 78.5

Hawaiian Sandalwood

SKU 41860004 • Retail AU \$146.66 | NZ \$130.00

Wholesale AU \$110.00 | NZ \$98.00 • PV 57





## Siberian Fir 15mL

With a refreshing, green, woody scent, Siberian Fir essential oil has a calming and relaxing aroma and when diffused promotes a grounding atmosphere. Soothing to the skin, it is ideal to add to a comforting massage.

SKU 60203926 • Retail AU \$36.00 | NZ \$37.00  
Wholesale AU \$27.00 | NZ \$28.00 • PV 20.5



## Spikenard 5mL

Spikenard essential oil has a woody musty scent which can be both an uplifting and relaxing aroma. By sourcing Spikenard essential oil from Nepal, dōTERRA is able to support much needed income streams for harvesters and partner distillers, particularly in the remote areas where it is harvested, as well as support needed rural community development projects through our Cō-Impact Sourcing® initiatives.

SKU 60200689 • Retail AU \$106.00 | NZ \$104.00  
Wholesale AU \$79.50 | NZ \$78.00 • PV 55.5



## Vetiver 15mL

Vetiver essential oil has a rich, exotic, complex aroma described as sweet, woody, caramel and smokey which can have a calming, grounding effect on the emotions. Ideal for use in massage therapy.

SKU 30430004 • Retail AU \$74.00 | NZ \$73.00  
Wholesale AU \$56.00 | NZ \$55.00 • PV 43







dōTERRA  
cō·impact  
SOURCING

## Wintergreen 15mL

Wintergreen essential oil has a sweet, minty and refreshing fragrance. Its refreshing aroma can help enliven the senses and is ideal for a warm soothing massage.

Nepalese harvesters must travel through steep, muddy mountainsides, removing wintergreen leaves from the shrubs. Many of these harvesters are women who leave their families early in the morning and carry heavy baskets of Wintergreen leaves on their backs.

We work with organised community groups that collectively own and oversee the forest areas to ensure that harvesting of the Wintergreen is sustainable. These groups decide which areas can be harvested, when to harvest them and who will harvest them in order to yield the greatest benefit for the community and ensure that the plants are properly cared for. The dōTERRA Cō-Impact Sourcing® Initiative in Nepal allows dōTERRA to source Wintergreen essential oil directly from community groups and harvesters creating long-term sourcing agreements which provide a steady and reliable income for harvesters.

SKU 31620004 • Retail AU \$48.00 | NZ \$40.00 • Wholesale AU \$36.00 | NZ \$30.00 • PV 23.5





dōTERRA  
**cō·impact**  
SOURCING

## Douglas Fir 5mL

With a lemon scented note that's sweet and refreshing, our Douglas Fir essential oil is sourced in New Zealand. It can be used to cleanse the skin and provide an uplifting aroma. Douglas Fir blends well with citrus oils in a diffuser.

The purposes behind the dōTERRA Cō-Impact Sourcing® initiative varies, from ensuring the highest quality essential oil to facilitating humanitarian efforts within communities where our essential oil are sourced. Each presents a unique opportunity to have an impact on the world. In the case of Douglas Fir, one of the unique benefits is the positive impact the sourcing of this essential oil has on New Zealand's environment.

Douglas Fir has been categorised by the government in New Zealand as an invasive species. Growing dense and quickly, it makes it nearly impossible for anything else to grow. dōTERRA established a sourcing partnership with a small scale company that works to harvest these invasive trees for raw materials which are distilled into an invigorating essential oil.

SKU 31590004 • Retail AU \$52.00 | NZ \$48.00 • Wholesale AU \$39.00 | NZ \$36.00 • PV 25.5



# Essential Oil Blends

In order to further harness the power of essential oils, dōTERRA has created a series of proprietary essential oil blends that combine several single essential oils with other ingredients to help the user achieve a synergistic experience. Combining the best characteristics from several oils, dōTERRA essential oil blends are an integral part of any essential oil collection.

## AromaTouch® 15mL

Spa Blend

Combining Cypress, Peppermint, Marjoram, Basil, Grapefruit and Lavender essential oils for an aromatic experience to a soothing massage.

SKU 31200004 • Retail AU \$42.33 | NZ \$49.00

Wholesale AU \$31.75 | NZ \$36.75 • PV 29

## Citrus Bliss® 15mL

Invigorating Blend

A unique and harmonious blend of Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine and Clementine essential oils with a hint of Vanilla Absolute. Perfect for its energising and uplifting aroma.

SKU 31020004 • Retail AU \$27.33 | NZ \$32.00

Wholesale AU \$20.50 | NZ \$24.00 • PV 18.5

## dōTERRA Balance® 15mL

Grounding Blend

Promoting a sense of calmness and relaxation, this warm, woody, grounding blend is a favourite. With a fusion of Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile and Osmanthus flower essential oils and Fractionated Coconut Oil.

SKU 31010004 • Retail AU \$36.00 | NZ \$43.00

Wholesale AU \$27.00 | NZ \$32.00 • PV 24.5

## Elevation® 15mL

Joyful Blend

With an uplifting aroma to enliven the senses. Elevation essential oil's sweet, citrusy and floral scent combines Lavender, Tangerine, Amyris, Clary Sage, Hawaiian Sandalwood, Ylang Ylang, Ho Wood, Osmanthus, Lemon Myrtle and Melissa essential oils.

SKU 31040004 • Retail AU \$66.00 | NZ \$72.00

Wholesale AU \$49.50 | NZ \$54.50 • PV 45

## Clarify™ 15mL

Air Blend

dōTERRA's Clarify™ is an aromatic blend of essential oils for an invigorating and refreshing aroma. It includes Litsea, Tangerine, Grapefruit, Frankincense and Cardamom essential oils creating a warming, spicy and uplifting aroma.

SKU 60208807 • Retail AU \$77.33 | NZ \$82.67

Wholesale AU \$58.00 | NZ \$62.00 • PV AU 36 | NZ 35

## Lavender Peace® 15mL

Restful Blend

This blend provides a calming and relaxing aroma and combines Lavender, Cedarwood, Ho Wood, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, Vanilla Absolute and Hawaiian Sandalwood essential oils.

SKU 60200734 • Retail AU \$54.00 | NZ \$63.00

Wholesale AU \$40.75 | NZ \$47.00 • PV 37





## dōTERRA Purify® 15mL

Refreshing Blend

The refreshing and herbal aroma of this blend can be clearing and cleansing to the senses. dōTERRA Purify® Refreshing Blend includes Lemon, Siberian Fir, Citronella, Lime, Tea Tree, and Cilantro essential oils.

SKU 31060004 • Retail AU \$36.00 | NZ \$37.00

Wholesale AU \$27.00 | NZ \$28.00 • PV 21.5

## Smart & Sassy® 15mL

Active Blend

Invigorating and stimulating to the senses, with its minty, spicy and herbal aroma. Smart & Sassy® Active Blend includes Grapefruit, Lemon, Peppermint, Ginger and Cinnamon Bark essential oils.

SKU 31370004 • Retail AU \$40.67 | NZ \$47.00

Wholesale AU \$30.50 | NZ \$35.00 • PV 27.5

## TerraArmour®

Outdoor Blend

A plant based spray that can be used by everyone in the family. A select blend of Ylang Ylang, Tamanu, Nootka, Cedarwood, Catnip, Lemon Eucalyptus, Litsea, Vanilla Absolute and Arborvitae essential oils. Available in 15mL or 30mL spray.

15mL

SKU 31700004 • Retail AU \$20.00 | NZ \$23.00

Wholesale AU \$15.00 | NZ \$17.00 • PV 10.5

30mL Spray

SKU 31600004 • Retail AU \$41.00 | NZ \$41.00

Wholesale AU \$31.00 | NZ \$31.00 • PV 19

## dōTERRA Whisper® 5mL

Blend for Women

A fragrance that entices and intrigues the senses. This musky, warm, spicy and sweet fragrance combines Patchouli, Bergamot, Hawaiian Sandalwood, Rose, Vanilla Absolute, Jasmine, Cinnamon Bark, Vetiver, Labdanum, Cocoa, and Ylang Ylang essential oils in Fractionated Coconut Oil.

SKU 31080004 • Retail AU \$52.00 | NZ \$51.00

Wholesale AU \$39.00 | NZ \$38.00 • PV 27

## Yoga Collection

An exclusive trio of essential oil blends designed for the yogi in you. Perfect to enhance your life and provide aromas to steady, centre and enlighten your spirit.

**dōTERRA Anchor® 5mL**

Lavender, Cedarwood, Frankincense, Cinnamon, Sandalwood, Black Pepper and Patchouli.

**dōTERRA Affirm® 5mL**

Bergamot, Coriander, Marjoram, Peppermint, Geranium, Basil, Rose and Jasmine.

**dōTERRA Ascend® 5mL**

Lemon, Grapefruit, Siberian Fir, Osmanthus and Melissa.

SKU 60205396 • Retail AU \$102.00 | NZ \$118.00

Wholesale AU \$77.00 | NZ \$89.00 • PV 56

\*Only available as a kit

## Zendocrine® 15mL

Restart Blend

With its fresh, sharp aroma, when diffused it promotes a sense of clarity and clearing. The combination of Tangerine, Rosemary, Geranium, Juniper Berry and Cilantro essential oils provide a herbaceous and floral aroma.

SKU 31460004 • Retail AU \$56.67 | NZ \$52.00

Wholesale AU \$42.50 | NZ \$39.00 • PV 27.5





# dōTERRA Touch Oils

Imagine having easy access to essential oils diluted in Fractionated Coconut Oil, ready to roll? Our dōTERRA Touch range of oils are just that, diluted and easy to use in this 10mL roll on format. Roll them on the back of your neck, pulse points, roll in your hands and take a deep breath.

## dōTERRA Touch® DigestZen® 10mL

SKU 60201229 • Retail AU \$46.67 | NZ \$43.00  
Wholesale AU \$35.00 | NZ \$32.00 • PV 22.5

## dōTERRA Touch® On Guard® 10mL

SKU 60201209 • Retail AU \$48.32 | NZ \$44.00  
Wholesale AU \$36.25 | NZ \$33.00 • PV 23.5

## dōTERRA Touch® Easy Air® 10mL

SKU 60201211 • Retail AU \$30.00 | NZ \$28.00  
Wholesale AU \$22.50 | NZ \$21.00 • PV 14.5

## dōTERRA Touch® Oregano 10mL

SKU 60201208 • Retail AU \$31.33 | NZ \$33.00  
Wholesale AU \$23.50 | NZ \$25.00 • PV 15

## dōTERRA Touch® Frankincense 10mL

SKU 60201186 • Retail AU \$90.67 | NZ \$96.00  
Wholesale AU \$68.00 | NZ \$72.00 • PV 44

## dōTERRA Touch® Peppermint 10mL

SKU 60201212 • Retail AU \$27.01 | NZ \$28.00  
Wholesale AU \$20.25 | NZ \$21.00 • PV 13

## dōTERRA Touch® Ice Blue® 10mL

SKU 60201187 • Retail AU \$82.00 | NZ \$88.00  
Wholesale AU \$62.00 | NZ \$66.00 • PV 47

## dōTERRA Touch® Tea Tree 10mL

SKU 60201226 • Retail AU \$24.67 | NZ \$27.00  
Wholesale AU \$18.50 | NZ \$20.00 • PV 12

## dōTERRA Touch® Lavender 10mL

SKU 60201210 • Retail AU \$27.00 | NZ \$29.00  
Wholesale AU \$20.25 | NZ \$22.00 • PV 13

## dōTERRA Touch® Kit (All nine oils)

SKU 60201344 • Retail AU \$333.00 | NZ \$355.00  
Wholesale AU \$250.00 | NZ \$267.00 • PV 152.5





# dōTERRA Emotional Essential Oils

Harnessing the properties of essential oils we have put together a range of six essential oil blends with powerful aromas to help uplift your senses and brighten your mood. Whether you want to harness your creative energies, get yourself moving to complete a task, or promote a sense of calm you will find there is an emotional essential oil blend to suit.

## dōTERRA Emotional Aromatherapy® Kit (6x 5mL oils)

SKU 21140004 • Retail AU \$346.67 | NZ \$334.00  
Wholesale AU \$260.00 | NZ \$251.00 • PV 158

## dōTERRA Emotional Aromatherapy® Touch Kit (6x 10mL touch oils)

SKU 60201175 • Retail AU \$213.00 | NZ \$210.00  
Wholesale AU \$160.00 | NZ \$158.00 • PV 112

## dōTERRA Cheer® 5mL Uplifting Blend

This uplifting blend of citrus and spice essential oils provides an aroma that can invigorate your senses. It combines Wild Orange, Clove Bud, Star Anise, Lemon Myrtle, Nutmeg, Vanilla Bean Extract, Ginger, Cinnamon Bark and Zdravetz herb essential oils. Available in 5mL and a convenient 10mL Touch.

5mL  
SKU 31720004 • Retail AU \$57.67 | NZ \$53.00  
Wholesale AU \$43.25 | NZ \$40.00 • PV 28

10mL Touch  
SKU 60201197 • Retail AU \$35.00 | NZ \$31.00  
Wholesale AU \$26.00 | NZ \$23.00 • PV AU 18 | NZ 16.2

## dōTERRA Console® 5mL Comforting Blend

The comforting aroma may help uplift the emotions. Combining Frankincense, Patchouli, Ylang Ylang, Labdanum, Amyris, Sandalwood, Rose and Osmanthus essential oils to create a musky floral scent. Available in 5mL and a convenient 10mL Touch.

5mL  
SKU 31730004 • Retail AU \$77.34 | NZ \$78.00  
Wholesale AU \$58.00 | NZ \$59.00 • PV 37.5

10mL Touch  
SKU 60201198 • Retail AU \$51.00 | NZ \$51.00  
Wholesale AU \$38.50 | NZ \$38.00 • PV 27





## dōTERRA Forgive® 5mL

Renewing Blend

Designed to promote feelings of contentment, relief and patience. With Spruce, Bergamot, Juniper Berry, Myrrh, Arborvitae, Nootka, Thyme and Citronella for a herbaceous, fresh scent. Available in 5mL and a convenient 10mL Touch.

5mL

SKU 31750004 • Retail AU \$45.99 | NZ \$43.00  
Wholesale AU \$34.50 | NZ \$32.00 • PV 22

10mL Touch

SKU 60201199 • Retail AU \$28.00 | NZ \$28.00  
Wholesale AU \$21.00 | NZ \$21.00 • PV 14.5

## dōTERRA Motivate® 5mL

Encouraging Blend

The uplifting and positive aroma in this fresh, minty and clean scented blend is comprised of Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary and Vanilla Bean Absolute essential oils. Available in 5mL and a convenient 10mL Touch.

5mL

SKU 31740004 • Retail AU \$50.00 | NZ \$48.00  
Wholesale AU \$37.50 | NZ \$36.00 • PV 25.5

10mL Touch

SKU 60201200 • Retail AU \$32.00 | NZ \$32.00  
Wholesale AU \$24.00 | NZ \$24.00 • PV 17

## dōTERRA Passion® 5mL

Inspiring Blend

Create a positive, engaging environment with the uplifting aroma of dōTERRA Passion® inspiring blend. It combines Cardamom, Cinnamon Bark, Ginger, Clove Bud, Sandalwood, Jasmine Absolute, Vanilla Bean Absolute and Damiana Leaf essential oils in a Fractionated Coconut Oil base. Available in 5mL and a convenient 10mL Touch.

5mL

SKU 31760004 • Retail AU \$86.33 | NZ \$88.00  
Wholesale AU \$64.75 | NZ \$66.00 • PV 41.5

10mL Touch

SKU 60201201 • Retail AU \$53.00 | NZ \$57.00  
Wholesale AU \$40.00 | NZ \$43.00 • PV 28

## dōTERRA Peace® 5mL

Reassuring Blend

This sweet, rich and minty aroma combines Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum Absolute and Spearmint essential oils to help promote feelings of peace, reassurance and contentment. Available in 5mL and a convenient 10mL Touch.

5mL

SKU 31710004 • Retail AU \$64.67 | NZ \$59.00  
Wholesale AU \$48.50 | NZ \$44.00 • PV 31.5

10mL Touch

SKU 60201203 • Retail AU \$39.00 | NZ \$39.00  
Wholesale AU \$29.00 | NZ \$29.00 • PV 20.5

# Roll On Blends

These essential oils have been blended together so you can enjoy the properties of these specific essential oils. They are such powerful blends you may need to dilute them with Fractionated Coconut Oil or test them before you apply them liberally.

## ClaryCalm® 10mL

Monthly Blend for Women

Designed specifically with women in mind. Its calming aroma helps to promote a balancing effect on emotions. This blend combines Clary Sage, Lavender, Bergamot, Roman Chamomile, Ylang Ylang, Cedarwood, Geranium, Fennel, Carrot Seed, Palmarosa and Vitex essential oils.

SKU 60201196 • Retail AU \$41.00 | NZ \$48.00  
Wholesale AU \$30.75 | NZ \$36.00 • PV 28

## InTune® 10mL

Focus Blend

Its invigorating aroma promotes a sense of focus. Sandalwood, Frankincense and Lime promote a sense of clarity while the benefits of Patchouli, Ylang Ylang and Roman Chamomile help provide a soothing and calming atmosphere.

SKU 60201380 • Retail AU \$57.33 | NZ \$64.00  
Wholesale AU \$43.00 | NZ \$48.00 • PV 39

## dōTERRA HD Clear® 10mL

Topical Blend

This blend promotes a clear, smooth looking complexion. It combines Cumin, Ho Wood, Tea Tree, Litsea, Eucalyptus and Geranium essential oils for a sweet herbaceous aroma.

SKU 60201383 • Retail AU \$41.00 | NZ \$44.00  
Wholesale AU \$31.00 | NZ \$33.00 • PV 23.5

## PastTense® 10mL

Relaxation Blend

Combining Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil and Rosemary essential oils, for a grounding and balancing aroma. Ideal for relaxation.

SKU 60201385 • Retail AU \$31.33 | NZ \$39.00  
Wholesale AU \$23.50 | NZ \$29.00 • PV 21.5

## Ice Blue® Roll On 10mL

Athletic Blend

This roll on is a convenient way to use dōTERRA's Ice Blue®. Different from our dōTERRA Touch® Ice Blue®, this roll on is not diluted and is perfect for a soothing massage after a long day of work. Combining Wintergreen, Camphor, Peppermint, Blue Tansy, Blue Chamomile, Helichrysum, and Osmanthus to help soothe and cool.

SKU 60201384 • Retail AU \$113.33 | NZ \$125.00  
Wholesale AU \$85.00 | NZ \$94.00 • PV 61

## Salubelle® 10mL

Beauty Blend

Specifically formulated to help reduce the appearance of skin imperfections and soothe the skin. Salubelle® Beauty Blend combines Frankincense, Hawaiian Sandalwood, Lavender, Myrrh, Helichrysum and Rose essential oils for an aroma that is woody, spicy, yet rich and fresh.

SKU 60205351 • Retail AU \$129.33 | NZ \$145.33  
Wholesale AU \$97.00 | NZ \$109.00 • PV 88





# dōTERRA® Wellness and Lifestyle Products

dōTERRA helps you build on a foundation of healthy lifestyle and supplementation. As you personally experience the benefits of essential oils you will find ways to incorporate these gifts of the earth, when focussing on your daily self-care and wellbeing.

## dōTERRA Lifelong Vitality Pack®

The dōTERRA Lifelong Vitality Pack® can form part of a wellness lifestyle care program that may assist you throughout your life.

As one of dōTERRA's most popular products, it is full of essential nutrients, metabolism benefits and powerful antioxidants designed to help promote energy, health and lifelong vitality.

### Microplex VMz®

dōTERRA Microplex VMz® Food Nutrient Complex is a food nutrient formula of bioavailable vitamins and minerals that maybe deficient in our modern diets. The formula includes a balanced blend of essential vitamins, C and E, and an energy complex of B vitamins in a patented glycoprotein matrix. Microplex VMz® also contains minerals including calcium, magnesium, and zinc, which play a role in the maintenance of healthy bone. Microplex VMz® contains the dōTERRA tummy tamer botanical blend of Peppermint, Ginger, and Caraway. Microplex VMz® is formulated to be used daily with dōTERRA Alpha CRS®+ and xEO Mega® as a comprehensive dietary supplement foundation.

### xEO Mega®

dōTERRA xEO Mega® Essential Oil Omega Complex is a unique formula of CPTG essential oils and a proprietary blend of marine- and land-sourced omega fatty acids. Fish oils help support the health and function of the brain, cardiovascular & nervous systems. A daily serve of xEO Mega® provides 1 gram of marine lipids (providing 320 mg of EPA, 308 mg of DHA, and 44 mg of other omega 3s(gamma linolenic Acid), and a blend of 250 mg of plant-sourced fatty acids. xEO Mega® is formulated to be used daily with dōTERRA Alpha CRS®+ and Microplex VMz® as a comprehensive dietary supplement foundation.

### Alpha CRS®+

dōTERRA Alpha CRS®+ Cellular Vitality Complex is a propriety formula combining natural botanicals and nutrients involved in the production of energy within the body. Alpha CRS®+ is formulated to be used daily with xEO Mega® or Microplex VMz® as a comprehensive dietary supplement foundation.

### Full Kit

SKU 60201778 • Retail AU \$153.00 | NZ \$168.00  
Wholesale AU \$115.00 | NZ \$126.00 • PV 60

### Alpha CRS®+ (120 caps)

SKU 60201024 • Retail AU \$148.00 | NZ \$146.00  
Wholesale AU \$111.00 | NZ \$110.00 • PV 78

### Microplex VMz® (120 caps)

SKU 60201023 • Retail AU \$84.00 | NZ \$82.00  
Wholesale AU \$63.00 | NZ \$62.00 • PV 44

### xEO Mega® (120 caps)

SKU 60201022 • Retail AU \$105.00 | NZ \$104.00  
Wholesale AU \$79.00 | NZ \$78.00 • PV 55



# On Guard® Products

One of our most popular blends combining Wild Orange, Clove, Cinnamon, Eucalyptus and Rosemary for a rich, spicy and warming aroma. The dōTERRA On Guard® collection uses these essential oils to enhance the cleansing experience. From the laundry, to the bathroom and kitchen counter there are a number of options you can use to provide a feel good experience.

## On Guard® 15mL

SKU 60206735 • Retail AU \$54.33 | NZ \$61.00  
Wholesale AU \$40.75 | NZ \$45.75 • PV 37

## dōTERRA Touch® On Guard® 10mL

SKU 60201209 • Retail AU \$48.32 | NZ \$44.00  
Wholesale AU \$36.25 | NZ \$33.00 • PV 23.5

## On Guard® Beadlets

SKU 31580004 • Retail AU \$28.68 | NZ \$32.00  
Wholesale AU \$21.50 | NZ \$24.00 • PV 15

## On Guard® Cleaner Concentrate

SKU 38140004 • Retail AU \$24.00 | NZ \$31.00  
Wholesale AU \$18.00 | NZ \$23.00 • PV 10

## On Guard® Laundry Detergent

SKU 39020004 • Retail AU \$59.00 | NZ \$57.00  
Wholesale AU \$44.00 | NZ \$43.00 • PV 23

## On Guard® Throat Drops

SKU 34050004 • Retail AU \$25.33 | NZ \$31.00  
Wholesale AU \$19.00 | NZ \$23.00 • PV 16

## On Guard® Foaming Hand Wash

SKU 38010004 • Retail AU \$34.67 | NZ \$39.00  
Wholesale AU \$26.00 | NZ \$29.00 • PV 23.5

## On Guard® Hand Wash Dispenser

SKU 38030000 • Retail AU \$5.00 | NZ \$4.00  
Wholesale AU \$3.50 | NZ \$3.00 • PV 0

## On Guard® Foaming Hand Wash and Two Dispensers

SKU 38070004 • Retail AU \$42.67 | NZ \$48.00  
Wholesale AU \$32.00 | NZ \$36.00 • PV 23.5

## On Guard® Toothpaste

SKU 38910004 • Retail AU \$13.67 | NZ \$17.00  
Wholesale AU \$10.25 | NZ \$13.00 • PV 5

## On Guard® Mouthwash

SKU 60207969 • Retail AU \$28.00 | NZ \$30.67  
Wholesale AU \$21.00 | NZ \$23.00 • PV 11







# Easy Air® Products

Feel clear, calm and ready to take on the world! Each Easy Air® product includes some variation of the Easy Air® Clear Blend and the variety of this collection makes it easy for the user to reap the desired effect through several different application methods.

## Easy Air® 15mL

SKU 60200210 • Retail AU \$36.00 | NZ \$43.00  
Wholesale AU \$27.00 | NZ \$32.00 • PV 24.5

## dōTERRA Touch® Easy Air® 10mL

SKU 60201211 • Retail AU \$30.00 | NZ \$28.00  
Wholesale AU \$22.50 | NZ \$21.00 • PV 14.5

## Easy Air® Clear Drops

SKU 35460004 • Retail AU \$28.68 | NZ \$31.00  
Wholesale AU \$21.50 | NZ \$23.00 • PV 8.5

## Easy Air® Vapour Stick

SKU 60200486 • Retail AU \$20.00 | NZ \$17.00  
Wholesale AU \$15.00 | NZ \$13.00 • PV 5.5



# Ice Blue® Products

Combining Wintergreen, Camphor, Peppermint, Ylang Ylang, Helichrysum, Blue Tansy, Blue Chamomile and Osmanthus essential oils to provide a cooling sensation and an invigorating aroma. Ideal for anyone with an active lifestyle, these products are popular and easy to use.

## Ice Blue® 5mL

SKU 31050004 • Retail AU \$56.67 | NZ \$62.00  
Wholesale AU \$42.50 | NZ \$46.50 • PV 38.5

## Ice Blue® Roll On 10mL

SKU 60201384 • Retail AU \$113.33 | NZ \$125.00  
Wholesale AU \$85.00 | NZ \$94.00 • PV 61

## dōTERRA Touch® Ice Blue® 10mL

SKU 60201187 • Retail AU \$82.00 | NZ \$88.00  
Wholesale AU \$62.00 | NZ \$66.00 • PV 47

## Ice Blue® Rub 120mL

SKU 38900004 • Retail AU \$51.00 | NZ \$56.00  
Wholesale AU \$38.00 | NZ \$42.00 • PV 31



# doTERRA® Essential Skin Care

Choosing the right skincare products and knowing when to use them is the first step towards vibrant, healthy-looking skin. Our dōTERRA® Essential Skin Care collection integrates essential oils and botanicals.

You don't need a complex routine for your daily skincare, simply incorporating four basic steps is a good place to start: cleansing, toning, targeting and moisturising. Whatever your age or skin type, there just might be something in the dōTERRA® Essential Skin Care range to meet your needs.

## Essential Skin Care Kit

Essential Skin Care Kit contains all of the eight Essential Skin Care products in this range.

wSKU 60207035 • Retail AU \$406.00 | NZ \$466.00  
Wholesale AU \$305.00 | NZ \$350.00 • PV 224

## Daily Skin Routine

Daily Skin Routine contains the Essential Skin Care Cleanser, Toner, Hydrating Moisturiser and Invigorating Scrub.

SKU 60207034 • Retail AU \$160.00 | NZ \$173.00  
Wholesale AU \$120.00 | NZ \$130.00 • PV 85

## Anti Ageing Kit

Anti Ageing Kit contains the Essential Skin Care Anti Ageing Moisturiser, Facial Cleanser, Tightening Serum and the Anti Ageing Eye Cream

SKU 60207038 • Retail AU \$266.00 | NZ \$286.00  
Wholesale AU \$200.00 | NZ \$215.00 • PV 150

## Eye Cream

SKU 60203671 • Retail AU \$88.00 | NZ \$94.00  
Wholesale AU \$66.00 | NZ \$71.00 • PV 50

## Anti Ageing Moisturiser

SKU 60203587 • Retail AU \$68.00 | NZ \$73.00  
Wholesale AU \$51.00 | NZ \$55.00 • PV 39

## Brightening Gel

SKU 60203673 • Retail AU \$61.20 | NZ \$65.70  
Wholesale AU \$45.90 | NZ \$49.50 • PV 35.1

## Facial Cleanser

SKU 60203589 • Retail AU \$32.00 | NZ \$35.00  
Wholesale AU \$24.00 | NZ \$26.00 • PV 18

## Hydrating Cream

SKU 60203674 • Retail AU \$68.00 | NZ \$73.00  
Wholesale AU \$51.00 | NZ \$55.00 • PV 39

## Invigorating Scrub

SKU 60203672 • Retail AU \$36.00 | NZ \$37.00  
Wholesale AU \$27.00 | NZ \$28.00 • PV 20.5

## Pore Reducing Toner

SKU 60203588 • Retail AU \$37.00 | NZ \$40.00  
Wholesale AU \$28.00 | NZ \$30.00 • PV 21

## Tightening Serum

SKU 60203670 • Retail AU \$97.00 | NZ \$104.00  
Wholesale AU \$73.00 | NZ \$78.00 • PV 55

# Veráge® Skin Care

Veráge® is an exclusive system of skin care products that help nourish and hydrate the skin and help support healthy, glowing skin. Each product is composed of true gifts from the Earth: Nourishing plant extracts and essential oils.

## Cleanser

SKU 37380004 • Retail AU \$45.33 | NZ \$53.00  
Wholesale AU \$34.00 | NZ \$40.00 • PV 24.5

## Toner

SKU 37390004 • Retail AU \$40.00 | NZ \$47.00  
Wholesale AU \$30.00 | NZ \$35.00 • PV 21.5

## Moisturiser

SKU 37410004 • Retail AU \$50.66 | NZ \$59.00  
Wholesale AU \$38.00 | NZ \$44.00 • PV 28

## Hydrating Serum

SKU 37400004 • Retail AU \$117.34 | NZ \$129.00  
Wholesale AU \$88.00 | NZ \$97.00 • PV 64

## Veráge® Skin Care Collection

SKU 42690004 • Retail AU \$133.33 | NZ \$178.00  
Wholesale AU \$100.00 | NZ \$134.00 • PV 75.5



# dōTERRA HD Clear®

Our HD Clear® system includes essential oils and is specially formulated to help promote a clear, smooth looking complexion for skin of all ages.

## HD Clear® Foaming Wash

SKU 49420004 • Retail AU \$41.33 | NZ \$44.00  
Wholesale AU \$31.00 | NZ \$33.00 • PV 28

## HD Clear® Facial Lotion

SKU 49410004 • Retail AU \$71.34 | NZ \$72.00  
Wholesale AU \$53.50 | NZ \$54.00 • PV 37.5

## HD Clear® Topical Blend Roll on 10mL

SKU 60201383 • Retail AU \$41.00 | NZ \$44.00  
Wholesale AU \$31.00 | NZ \$33.00 • PV 23.5

# dōTERRA® Spa

dōTERRA® Spa is a line of essential oil infused products to provide an aromatic spa like experience at home. Specially formulated to provide benefits to the skin and be enjoyed at anytime of the day.

## Body Butter

SKU 60200731 • Retail AU \$37.00 | NZ \$37.00  
Wholesale AU \$28.00 | NZ \$28.00 • PV 17

## Herbal Lip Balm

SKU 60200732 • Retail AU \$11.00 | NZ \$13.00  
Wholesale AU \$8.50 | NZ \$10.00 • PV 5

## Body Scrub

SKU 60200735 • Retail AU \$41.00 | NZ \$41.00  
Wholesale AU \$31.00 | NZ \$31.00 • PV 16.5

## Original Lip Balm

SKU 60200294 • Retail AU \$11.00 | NZ \$13.00  
Wholesale AU \$8.50 | NZ \$10.00 • PV 5

## Body Wash

SKU 37460004 • Retail AU \$29.00 | NZ \$27.00  
Wholesale AU \$22.00 | NZ \$20.00 • PV 11

## Tropical Lip Balm

SKU 60200733 • Retail AU \$11.00 | NZ \$13.00  
Wholesale AU \$8.50 | NZ \$10.00 • PV 5

## Hand and Body Lotion

SKU 60200341 • Retail AU \$32.00 | NZ \$31.00  
Wholesale AU \$24.00 | NZ \$23.00 • PV 14.5

## 3 Lip Balm Variety Pack

SKU 60202010 • Retail AU \$29.00 | NZ \$32.00  
Wholesale AU \$22.00 | NZ \$24.00 • PV 10

## Hand and Body Lotion 3 pack

SKU 60201998 • Retail AU \$81.00 | NZ \$80.00  
Wholesale AU \$61.00 | NZ \$60.00 • PV 34

## Mud Mask

SKU 37490004 • Retail AU \$33.00 | NZ \$31.00  
Wholesale AU \$25.00 | NZ \$23.00 • PV 13.5

## Hydrating Body Mist Beautiful Blend

SKU 60208036 • Retail AU \$49.33 | NZ \$53.33  
Wholesale AU \$37.00 | NZ \$40.00 • PV AU 25 | NZ 24

## Moisturising Bath Bar

SKU 37450004 • Retail AU \$16.00 | NZ \$15.00  
Wholesale AU \$12.00 | NZ \$11.00 • PV 6

## Lavender Peace® Bath Bar

SKU 60202828 • Retail AU \$13.00 | NZ \$15.00  
Wholesale AU \$10.00 | NZ \$11.00 • PV 5.5





# dōTERRA Salon Essentials®

Specially formulated to care for your hair, dōTERRA Salon Essentials® included a proprietary blend of essential oils comprised of Lavender, Peppermint, Rosemary and Eucalyptus essential oils.

## Shampoo 250mL

SKU 36220004 • Retail AU \$34.67 | NZ \$41.00  
Wholesale AU \$26.00 | NZ \$31.00 • PV 21.5

## 2 Pack Shampoo 250mL

SKU 36240004 • Retail AU \$44.00 | NZ \$52.00  
Wholesale AU \$33.00 | NZ \$39.00 • PV 21.5

## Conditioner 250mL

SKU 36230004 • Retail AU \$40.67 | NZ \$48.00  
Wholesale AU \$30.50 | NZ \$36.00 • PV 25.5

## 2 Pack Conditioner 250mL

SKU 36250004 • Retail AU \$54.67 | NZ \$59.00  
Wholesale AU \$41.00 | NZ \$44.00 • PV 27

## Shampoo and Conditioner Pack 250mL

SKU 36260004 • Retail AU \$52.00 | NZ \$59.00  
Wholesale AU \$39.00 | NZ 44.00 • PV 26

## Family Size Shampoo 946mL

SKU 60202475 • Retail AU \$89.00 | NZ \$94.00  
Wholesale AU \$67.00 | NZ \$71.00 • PV 40

## Family Size Conditioner 946mL

SKU 60202472 • Retail AU \$98.00 | NZ \$105.00  
Wholesale AU \$74.00 | NZ \$79.00 • PV 45

## Root to Tip Serum 30mL

SKU 60200373 • Retail AU \$56.67 | NZ \$65.00  
Wholesale AU \$42.50 | NZ \$48.50 • PV 37

# dōTERRA® Personal Care

Each of these dōTERRA products incorporates essential oils to provide a unique experience, whilst enjoying the specific product benefits.

## Fractionated Coconut Oil 115mL

SKU 31640004 • Retail AU \$22.00 | NZ \$25.00  
Wholesale AU \$16.50 | NZ \$19.00 • PV 15

## Essential Oil Deodorant

SKU 37420004 • Retail AU \$20.00 | NZ \$17.00  
Wholesale AU \$15.00 | NZ \$13.00 • PV 5.5

## Correct-X® Essential Ointment

SKU 60110004 • Retail AU \$23.99 | NZ \$25.00  
Wholesale AU \$18.00 | NZ \$19.00 • PV 9.5





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*Changing the world*

*one drop*

*one person*

*one community*

*at a time*

**dōTERRA®**  
AUSTRALIA & NEW ZEALAND



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